



Date: Tuesday, September 9, 2025

Presentation Time: 6:00-8:00 PM EST -2 CE Credits CCM & SW

Where: Zoom Virtual Webinar Host Chapter: CMSA – NYC Chapter

Behavioral Health in Aging Populations: Addressing Depression, Anxiety, and Cognitive Decline

Objectives:

Participants will be able to:

- recognize the Signs and Symptoms and the unique presentations of depression, anxiety, and cognitive decline in aging populations and how they differ from those in younger individuals.
- **2.** provided with evidence-based strategies and techniques to address mental health concerns and improve quality of life for older adults.
- **3.** to demonstrate interdisciplinary approaches to support aging populations, incorporating medical, mental health, and social service perspectives.



Speaker: Mark Naghsh, LMSW, CMC, Affinial Care

Mark is the founder of Affinial Care and is a Masters level Social Worker as well as a Certified Geriatric Care manager with over 25 years' experience in health care. Specializing in complex chronic care, he is a passionate expert in all phases of the human management life-cycle. From engagement to client-centered approaches, his career has always been about the betterment of a system via a strategic view of how to use core strengths of a client or family system to improve upon the care for those he serves.

Fees and Payment Registration:

CMSA Members: Free Non-Members \$20.00

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IMPORTANT INFORMATION:

We recommend logging into the webinar 10 to 15 minutes prior to the start of the event. This way we can help should any technical issues arise. Be aware once the webinar has started, we are unable to help with technical issues so it is important to sign in 10 to 15 min prior to the event.

To obtain your CEU Certificate you must attend the entire program. Instructions and survey access code will be provided at the end of the presentation. You must complete the survey in order to receive your CEU certificate.

Any questions?? Feel free to contact us.